

what's **the buzz**

NEWSLETTER



AUGUST 2011 Edition No. 24



CPSN INFORMATION SESSION

Next Session: Tuesday 20th September

The CPSN held its first of many regular successful Information Sessions on the 19th July. This was attended by over 40 CPSN members and Dr Kathleen Ooi – a rehabilitation specialist, and Dr Louise Baker - a paediatric medical rehabilitation specialist, presented "A Holistic overview on management of Cerebral Palsy".

CPSN Information Sessions provide a vital insight and information to parents, carers and interested persons with specific Cerebral Palsy related information which impacts on their lives. Information sessions will be conducted bi-monthly and will include the provision of guest speakers.

Next Upcoming Information Session will be held on **Tuesday 20th September** between **7.00pm - 9.30pm**, at the **Collingwood Library in the meeting room**: 11 Stanton Street, Abbotsford – opposite Collingwood Train Station (car parking available on site).

TGA - ISP - DSR - FFYA - I&R: Have you heard of these acronyms but are unsure of what they are? Do you require supports but are unsure of how to access these? Then this Information Session is for you. **Department of Human Services** representatives will present on what supports are available to individuals with CP, how to access these supports, what the process is and ways to use your supports effectively.

Light refreshments will be provided.

To RSVP please contact CPSN on 03 9445 7488 or email: cpsn@cpsn.info



DisabiliTEA

As part of CP Awareness Week (30th July- 6th August), the CPSN held a DisabiliTEA on Tuesday 2nd August. Members and guests enjoyed a relaxing morning tea and had an opportunity to celebrate raising awareness of Cerebral Palsy in the community and support the National Disability Insurance Scheme campaign.

DisabiliTEA was also attended by Fiona Richardson Local Member for Northcote and Cr Gaetano Greco Counsellor for Darebin City Council. We welcomed them and our members had the opportunity to speak about their personal experiences and challenges of living with CP and how the NDIS could make a difference to their lives.

Thanks to all who attended a great event.



PARENTS AS CAREER TRANSITION SUPPORT (PACTS)



Planning your life after School?

Don't know what to do next?

Wondering what your choices are?

The Cerebral Palsy Support Network is proud to announce the launch of a pilot program "**Parents as Career Transition Support (PACTS)**".

PACTS workshops aim at providing parents with general career transition knowledge and resources to help parents learn about the different options for their young person. It is important for parents of young people with a disability to find accurate and up to date information on what services and resources are available to assist them to make informed decisions on appropriate career paths.

The PACTS pilot project is designed to facilitate discussion and develop confidence and skills in parents, so they can support their teenager through discussion options in a well informed way.

Together with the **Inner Northern Local Learning and Employment Network (ILLEN)**, we will be holding PACTS sessions. The sessions will be facilitated by Vicki Cavalieros from the Cerebral Palsy Support Network and Sarah Every from ILLEN.

These workshops will involve a series of three sessions over 2 hours each and will be held over three consecutive weeks. If you have a teenager who will be leaving school this year and are interested in attending the workshops please contact Sarah Every to register your interest. If you agree to do this course, it is expected that you will attend all three sessions.

There is no cost associated with these sessions. Limited places are available so I encourage you to register as soon as possible.

Light snacks will be provided, and all materials will be provided free of charge.

Location: Cerebral Palsy Support Network
86 Herbert St Northcote

Time: 12:30-2:30pm

Dates:

Workshop 1 - Monday 5th September 2011
Workshop 2 - Monday 12th September 2011
Workshop 3 - Monday 19th September 2011

RSVP or for more information contact Sarah Every on 03 9384 2325 or email Sarah on SEvery@inllen.org.au.

Save The Date!

**PUT THESE DATES IN
YOUR CALENDAR:**

CP INFORMATION SESSIONS:

Tuesday 20th September
7-9.30pm @Collingwood Library

CP SUPPORT GROUPS

List of dates can be
found in this edition of
"What's the Buzz" newsletter.

MEMBERS TRUST FUND

Applications open
Thursday 1st September 2011 and
close on Monday 31st October 2011.

**PARENTS AS CAREER
TRANSITION SUPPORT (PACTS):**

Monday 5th September,
Monday 12th September,
Monday 19th September
12:30-2:30pm

@ Cerebral Palsy Support Network
- 86 Herbert St Northcote

ANNUAL GENERAL MEETING:

27th October 2011

from 7.00pm start @
Cerebral Palsy Support Network
86 Herbert St Northcote.



**LIONS CLUB
CHARITY BALL**



The Point Cook Lions Club held their first Charity Ball on Saturday 2nd July. It was attended by Mary Cucuzza-Finn (Secretary) and Joan Gains (President) of the CPSN Board of Management. In addition to the money raised from tickets of those who attended bid generously on the items auctioned resulting in a \$6000 donation cheque to the CPSN.

This money will enable the CPSN to offer support to members of the CPSN in the Point Cook and surrounding areas. A big thank you to Gerry Gibson from Point Cook Lions Club for arranging such a successful event.

CPSN MEMBERS TRUST FUND

Once again the CPSN is proud to announce that the Members Trust Fund will again be offered this year. This fund is able to offer its members the opportunity to apply for grants of up to \$500. The purpose of the grants are to directly support an individual with Cerebral Palsy. Members are encouraged to apply for something that would enhance their life. The CPSN would like their members to be 'creative' with this funding. Requests could include for example, drama lessons, sporting equipment, musical instruments - the possibilities are endless.

Applications open Thursday 1st September 2011 and close on Monday 31st October 2011. Applicants must be a current member of CPSN and have joined prior to 31st August 2011 to be eligible to apply. All applicants will be notified of the outcome of their application by 16th December 2011. More information on the guidelines and the application form can be found on the CPSN website www.cpsn.info in the member services tab.

CEREBRAL PALSY BROKERAGE PROGRAM

creating opportunities for the lifestyle you want



the family member who requires care. The Brokerage Program can be extremely flexible as the client/family is liaising directly with the employee not a third party. Times and days can be organised around the clients/families needs which, as you know, can be constantly changing.

The CPSN coordinates all the funding arrangements with the funding body on behalf of the individual and takes care of all the payroll, which includes superannuation, tax, work cover and insurance.

For further information or to access the Cerebral Palsy Brokerage Program, please contact the CPSN office on: TOLL FREE: 1300 CPSN 00 (277 600)

Ph: (03) 9445 7488 Fax: (03) 9445 7489 or Email: cpbrokerageprog@cpsn.info

CPSN ANNUAL GENERAL MEETING

The CPSN would like to formally invite all members and guests to attend their **Annual General Meeting** for 2011, held at the Cerebral Palsy Support Network 86 Herbert St Northcote on the **27th October 2011** for a **7.00pm** start.

This meeting is an opportunity to participate and contribute to the future direction of the Cerebral Palsy Support Network. Come along and help us celebrate a year's achievements and hear about our plans for the future. Meet members of the CPSN Board of Management and staff.

CPSN would like to announce a **Special Guest** to this year's annual general meeting. **Katie Hunter** from **Dogs for Kids with Disabilities** will be bringing along a few of her much loved pooches to show us how she can help families to train a companion dog for individuals with CP.

Light refreshments will be served

To RSVP to this event contact CPSN on 1300 277 600 or 03 9445 7488 or email us on cpsn@cpsn.info.



Dogs for Kids with Disabilities



**CEREBRAL PALSY
SUPPORT NETWORK**
strength through connection

Support Groups

The CPSN is proud to announce the re-launch of the support groups for individuals, family members and parents of children with CP.

The support groups aim to provide families with opportunities for face to face contact with other families who have a child with Cerebral Palsy and to access information on disability supports and services available within the community.

Groups will meet monthly and will include a pre selected topic of discussion which relates to day to day issues encountered when caring for a child with Cerebral Palsy. Information on each topic will be available. Groups will be conducted in a supported and relaxed environment.

All parents and carers are welcome. To RSVP for any of these groups please contact CPSN on 03 9445 7488, toll free on 1300 277 600 or email cpsn@cpsn.info

The topic for August is **"Equipment and Modifications"**.



DATES AND LOCATIONS ARE AS FOLLOWS:

MERRI COMMUNITY HEALTH CENTRE

1st Floor, 368
Harding St, Coburg

10am -12pm

- 12th August
- 2nd September
- 14th October
- 4th November

MELTON SOUTH COMMUNITY CENTRE

26 Exford Road,
Melton South

10am -12pm

- 11th August
- 15th September
- 13th October
- 17th November

POINT COOK LEARNING CENTRE

1-21 Cheetham
Street, Point Cook

10am -12pm

- 10th August
- 7th September
- 12th October
- 9th November

FRANKSTON CITY LIBRARY- LONG ROOM

60 Playne Street,
Frankston

10am -12pm

- 9th August
- 13th September
- 11th October
- 8th November

BALWYN LIBRARY

336 Whitehorse
Road, Balwyn

1pm - 3pm

- 17th August
- 7th September
- 19th October
- 16th November

HIGHETT COMMUNITY HOUSE

2 Livingston Street,
Highett

10am -12pm

- 23rd August
- 20th September
- 18th October
- 15th November

BAYSWATER YOUTH HALL

Cnr Pine Rd and
Station St, Bayswater

10am -12pm

- 19th August
- 16th September
- 21st October
- 18th November

COLLINGWOOD LIBRARY

11 Stanton Street,
Abbotsford

10am -12pm

- 15th August
- 19th September
- 17th October
- 14th November